

HIGHLANDS CROSBY  
**Star ★ Courier**

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These stories in the **PRESS:**

- Founders Day
- Tribute to Elvis coming to Liberty
- Man arrested in shooting of 3 people
- .....And more, Page 3

★  
**IN THE STARS**

**EVENTS**

**SAT., OCT. 19  
 Crosby Historical Society meeting**

The Crosby Historical Society will hold a meeting at 2:00pm Saturday, Oct. 19 at Crosby Brethren Church. Open to all interested persons. Come and see 1000s of old photos of the community.

**SAT., OCT. 19  
 Highlands VFD BBQ & Raffle**

Annual Fund Raiser at 123 San Jacinto, Highlands, TX. 11:00 am to 5:00 pm.

**SAT., NOV. 9  
 Huffman Fun Fest**

10 am - 4 pm at Jack Spence Stadium, 24403 E. Lake Houston Parkway.

View the ABC13 video of making our newspaper



<https://abc13.com/society/meet-the-man-behind-the-crosby-star-courier-/5589062/>

**BIRTHDAYS**

- Oct 17 - Mike "Butch" Gomez
- Clanton Vaughn
- Oct 18 - Shannon Coward
- Robbie Ressler
- Raymond James
- Oct 20 - Ellen Holton
- Oct 21 - Cleta Hart
- Oct 22 - Elizabeth Graves
- Sarah McSevery
- Jeremy Thompson
- Albert Zarsky
- Oct 23 - Pam Almaza
- Augusto Salazar
- Teddy Kaminski
- Randy Schield

**ANNIVERSARIES**

- Oct 18 - Karen & Derek Elkins
- Oct 19 - Alton Bubba & Sandra Williams
- Oct 20 - Vernon & Lois Searcy
- Oct 20 - David and Leon Lee
- Oct 23 - Johnnie & Melissa Milley

**DEATHS**

Kwang Yeon Ko

Additions or Corrections are welcome, 713-266-3444

# Haley Maxey chosen Miss Highlands



MISS HIGHLANDS HALEY MAXEY

## Aubrey Bird is Jr. Miss Highlands

The Highlands Horizons club held their 62nd annual Miss Highlands Pageant, and 27th annual Jr. Miss Highlands Pageant, last Saturday, at the Highlands Junior School.

The Jr. Miss Pageant was in the afternoon, and the Miss Highlands Pageant was held in the evening. The theme for the Pageant was "Friends." Hundreds of friends and family attended, to see the girls perform and be judged on categories such as clothes modeling, talent, and interview question.

Emcee for the event was Baytown Assistant Police Chief David Alford. Proceeds from the Pageants are used for scholarships for student from the community, and help for needy families.

MORE PHOTOS, PAGE 5



JR. MISS HIGHLANDS AUBREY BIRD

## Three hurt in Barrett shooting



BARRETT STATION - At least three people, cars and the Valero gas station where it happened were shot multiple times Saturday night.

The Valero at the corner of FM 2100 and FM 1942 in Barrett Station has become known as a local hangout on occasion. Occasions like after a shooting on Saturday night.

Authorities report that several men were allegedly hanging out when an argument broke out. Push became shove and a

fistfight ensued. The fighting became a gun fight and bullets went in all directions.

Over 16 shell casings were marked by detectives with the Harris County Sheriff's Office. At least three people were struck by bullets but there may be more. One man was taken to urgent care but later released. Two others were struck but suffered minor injuries.

Harris County Detectives were conducting interviews and reviewing surveillance video on Saturday and Sunday.

## Fire Department Barbeque Saturday

The Highlands Volunteer Fire Department is holding their 72nd Annual BBQ and Raffle this Saturday, October 19, from 11am to 5pm at the fire station on San Jacinto Street.

Events include a BBQ dinner, a Silent Auction, and a Raffle. Prizes for the raffle include gift cards from \$250 to \$1000, and a Pit Boss Pellet Smoker.

Proceeds from the fund raiser event are used for the fire department. Tickets are available from many firement, and at the



Fire Chief Little speaks at Rotary.

fire station. BBQ plates cost \$10, and Raffle Tickets are \$2 each, no limit on how many you can get. Come and thank a firement for their service and hard work.

## Wrong way driver dead, family injured heading home



A three car crash killed one driver traveling the wrong direction and sent three others to the hospital Tuesday night.

CROSBY - US 90 became the scene of a fatality Tuesday night about midnight, when a wrong-way driver hit an oncoming van.

According to the Harris County Sheriff's Office, a Chevy Astro Van and a Ford Focus were headed home eastbound from their church in the 4400 block of US 90 when a Toyota Sienna came at them in the wrong direction on the overpass of Runneburg Road (formerly known

as Die-Way 90 before the overpass). The Astro van and the Toyota collided, spinning both in a counterclockwise direction and the Focus struck the driver's side of the Astro van.

Rocky Joseph Tarr in the Toyota died from injuries at the scene. Lifeflight helicopter transported the Focus operator to Memorial

See Wrong Way Driver Continued on Page 8



Thursday a classic vintage 1953 Bentley crashed into a culvert on Church St. at about 11:00 p.m.

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★ COMMUNITY NEWS ★

# Crosby Fire Department holds Open House



Firefighters above demonstrate how to Vertical Vent, a tactic used to exhaust hot gases trapped within a burning building.

Future firefighters listen intently as law enforcement and firefighters tell them about the Smoke House, a display that teaches kids how to find their way from a blazing building and escape without getting burned. And there is climbing involved. You have to listen to know what to do some part of being a good recruit firefighter is listening to instructions. Harris County also brought in some experts to involve kids. The fire house offered frito pie and chili dogs to the kids and many got to sit inside a real fire truck.



AT RIGHT, seldom is there a kid that does not like to squirt things with water and this young lady is no exception. Each recruit is offered the challenge of knocking down flames inside a toy house, the hose is under pressure for about 35 feet of squirting water. The open house was Saturday from 4 until 7 p.m.

# Crosby enjoys a Nite at the Races on Saturday

CROSBY – The Crosby-Huffman Chamber of Commerce hosted a “A Nite at the Races” at the Crawfish Shak last Saturday featuring some Mexican delights rather than the worlds greatest Cajun cuisine as normally found at this restaurant during season. The event was to raise funds so that the community business based organization could be financially enabled to continue representing Crosby to the extended business community. Crosby continues to recover economically from the hurricane and flooding events.



There were prizes for best hats and everyone knows when your horse is winning.



Justin League rolls the races as all the play money bets are in for one of 12 races. The event was said to be the most fun Chamber event they had attended by many. Winnings at the end can purchase gift baskets.

# Get the flu shot in October

HOUSTON - The Houston Health Department encourages everyone ages six months and older to protect themselves, their family and community from the flu by getting a flu shot before the end of October.

Flu outbreaks can occur as early as October and last as late as May. “It may seem early but let me assure everyone that now is the ideal time to get a flu shot,” said Dr. David Perse, local health authority for the Houston Health Department. “Although we can’t predict exactly when the inevitable spike in Houston cases will occur, we know it will indeed occur. That’s why everyone should take the important step of getting a flu shot now.”

People can visit their doctor, neighborhood pharmacy or local health department to get a flu shot. Many grocery stores also offer the vaccine.

The Houston Health Department offers flu shots at its health centers to uninsured and underinsured people on a sliding scale that ranges from free to \$15. To find the nearest health center, people can call 832-393-5427 or the City of Houston 311 Help and Info line. Health center locations and hours of operation are also available at [HoustonHealth.org](http://HoustonHealth.org).

In addition to vaccination, people can help stop the spread of the flu and other illness by:

- Washing hands frequently
- Covering coughs and sneezes
- Staying home if sick and at least 24 hours after their fever is gone, except to get medical care

People at high risk for flu are young children, pregnant women, people with chronic health conditions such as asthma, dia-

betes, heart disease, lung disease, and those age 65 and older. They also are at greater risk of severe complications if they get the flu.

The flu – caused by different related viruses – is a contagious disease that results in symptoms such as fever, headache, fatigue, cough, nasal congestion, sore throat and body aches. People with a combination of these symptoms need to see a medical provider promptly.

Most people recover in one to two weeks, but some develop complications such as pneumonia, bronchitis and sinus and ear infections. Flu also can make chronic medical conditions worse.

Doctors can prescribe antiviral medications that help make the illness shorter and milder. Antiviral medications work best if started within 48 hours of the onset of symptoms.



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# Barbers Hill Dayton Press

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THURSDAY, OCTOBER 17, 2019

P.O. BOX 2351, MONT BELVIEU, TEXAS 77580

## ROUND-UP

### Goss Memorial Library events

These are the events taking place at the Sam and Carmena Goss Memorial Library the week of Monday, October 21, 2019.

- Tuesday, October 22 - 10:00 am, "Baby & Me" (age 0-24 mos)

- Wednesday, October 23 - 6:00 pm, "Ghost Hunters" Come hear about haunted history in chambers County. (all ages)

- Thursday, October 24 - 4:30 pm, Teens - "Walkers and Walking Tacos" Enjoy crunching on tacos while watching World War Z (PG, 123 mins, ages 12-18)

- Thursday, October 24 - 5:00 pm, Adult Book Club discussing "The Curious charms of Arthur Pepper" by Phaedra Patrick (age 18 & up)

- Friday, October 25 - 10:30 am & 2:00 pm, Storytime (age 0-5)

- Saturday, October 26 - 5:30 pm Escape the Asylum (age 12 & up, Registration required)

Call Sam and Carmena Goss Memorial Library, Mont Belvieu at 281-576-2245 with any questions.

### Lego Night

October 21, 2019 6-7 pm at Public Library, 1 Mary Elizabeth Wilbanks Ave., Baytown, Tx 77520.

### Fun at the Park

October 22, 2019 - Free Pound at Town Square. Join for a fun, free workout. 7-8 pm, 213 W. Texas Avenue, Baytown, Tx 77520.

### Treats on the Trail

October 31, 2019 - Trick or Treat on the Jerkins Park Trail. 5:30 pm - 10 pm, 4334 Crosby Cedar Bayou Rd., Baytown, Tx 77520.

### Annual Veterans Day

Judge Lucia Bates would like to invite local Veterans to a free breakfast at the courthouse, 701 W. Baker Rd., Suite 101 Baytown. Please reserve by calling 713-274-0904 by Friday, Nov. 1

## LIBERTY COUNTY

# Man shoots 3 friends, gets murder charges

DAYTON – A local man has been charged with murdering three men that were helping him clean up his yard from military style vehicles and equipment that had drawn complaints from neighbors.

Andrew Jared Bass, 30, of 4010 County Road telephoned the Liberty County Sheriff's Office at 12:10 a.m. Sunday complaining of a possible burglary in progress. When deputies arrived they found the bodies of Walter Clifford Brown, 54, Christopher Allen Wells, 20, both of Dayton and Odell Wells of Old River – Winfrey. Odell Wells leaves behind a wife and two children. All three victims had been shot to death.



ANDREW JARED BASS Charged with murder

Bass complains of having post traumatic stress syndrome from military service, a claim that the Liberty County Sheriff's Office did not confirm. He

is charged with capital murder. His statements to deputies do not match physical evidence.

He is being held at the Liberty County Jail on No Bond at press time.

Witnesses indicate that Bass was transporting the victims in his vehicle before they were found shot to death at his home. Bass was expected to return the three men that were at his residence to their homes after the clean-up.

The Liberty County Sheriff's Office continues to gather information and asks for those with relevant information to please call (936) 336-4500 or Crime Stoppers at 1-800-392-7867.

# Finalist in Elvis Tribute contest coming to Liberty

What: *Early Elvis Years with Shake Rattle & Roll*  
When: October 26th  
4:00 pm  
Where: Liberty Opry Theater



Riley Jenkins

Major headliner Teen Sensation Riley Jenkins will return from Nashville, TN to perform for the second time at the Liberty Opry Theater.

Riley Jenkins is a versatile talented entertainer raised in Tennessee and hails from Clarksville, Tennessee. He has appeared off Broadway and in concert venues across the United States of America. Hailed as one of the forthcoming actors, and singers

on the horizon. Riley's love for music led him to begin his tribute to

See *Elvis Tribute*, Page 6

# Old River-Winfree celebrates Founders Day

Old River-Winfree celebrated its past in gala style last week as much of the surrounding areas turned out for the auction and visited the booths and learned from the entertainment about their colorful past.

The patriotic event with emphasis on early settlers had a petting zoo, vendors, exhibitors including a re-enactment of the 1836 battle in Anahuac by the Texas Army, live music by the Dulcimer Society of Houston and Kids Dress and talent show.

There was an abundance of smiles and fellowship.



Sheriff Hawthorne displays the Bundt Cake he just bought at the Founders Day Celebration Auction.



Auctioneer and pastor Clay Duckworth here with the Demura family that owns Simple Simon's Pizza displays his booth sales skills after having displayed his announcing skills during the Founders Day Celebration on Saturday.

# Houston Methodist Baytown opens new Wound Care Facility

BAYTOWN — (October 4, 2019) — Houston Methodist Baytown Hospital's Wound Care and Hyperbaric Medicine Clinic, one of just two such programs in the Houston area certified by the Undersea & Hyperbaric Medical Society, officially opened its new facility on October 1.

Located in Plaza 1, suite 119 at the Baytown hospital, the clinic was formerly located at the hospital's Alexander Dr. campus. The new, larger facility allows the clinic's expertly trained wound care physicians, nurses and staff to continue providing unparalleled treatment for nonhealing wounds in a technologically advanced facility that is also a more comfortable environment for patients and visitors.

"The new location offers easy access for patients to ancillary departments, as well as designated parking in front of the Plaza 1 building," said Nancy Kibbe, the unit's clinical manager. "We also have increased the size of our waiting area, treatment rooms and hyperbaric chambers."

The new facility is part of the hospital's ongoing \$100 million expansion/renovation project launched in 2017 that includes the new state-of-the-art outpatient center, expanded emergency de-

partment, observation unit, renovated cancer center, and the new medical/surgical and neonatal intensive care units.

The program's wound care medicine-certified physicians and nurses work with patients and their primary care team to monitor, manage and treat wounds with the most advanced treatments available, including compression wraps, antimicrobial dressings, bioengineered skin substitutes and hyperbaric oxygen therapy (HBOT).

The clinic's two new hyperbaric chambers are larger and more advanced than the machines they replace and include technical upgrades that aid in the delivery of HBOT.

"The larger chambers assist with equalization, which helps reduce the incidence of barotrauma (pain caused by a change in ambient pressure)," said Hyperbaric Technician Perry Finger, the clinic's safety coordinator. "Patients can now sit up in the chamber, and that contributes to a reduction in feelings of anxiety and claustrophobia."

Hyperbaric therapy supplies oxygen under pressure that saturates the red blood cells and plasma with oxygen. When blood is supplied to the area of the wound,



Hyperbaric Technician Perry Finger prepares a patient for hyperbaric oxygen therapy in one of the new unit's two new, larger chambers

these supercharged blood cells help repair the wound and kill the infection, leading to the generation of new blood vessels and tissue growth.

The clinic's treatment team works with the patient's primary care or referring physician to design a personalized treatment plan. Team members frequently include general surgeons, infectious disease specialists, vascular surgeons, plastic surgeons and podiatrists. Perry says the facility's new location

improves patient access for all members of the care team, which allows for better coordination of care for patients before and after discharge.

Kibbe said diabetic patients requiring treatment for nonhealing wounds comprise the largest demographic of the clinic's patients. Treatment is also provided for conditions such as crush injuries, thermal burns, compromised skin grafts, necrotizing soft tissue infections and radiation tissue dam-

age in cancer patients.

"The new facility helps us continue our mission of serving Baytown area residents with the most advanced wound care treatment and services available," Kibbe said.

For information on the full range of services provided by the Wound Care and Hyperbaric Medicine Clinic at Houston Methodist Baytown Hospital, visit [houstonmethodist.org/wound-care](http://houstonmethodist.org/wound-care), or call 281-425-2160.

★ OPINION PAGE ★

## Medicare recipients eligible for free benefits counseling from Area Agency on Aging

Open enrollment for 2020 begins October 15

HOUSTON - Medicare beneficiaries reviewing their 2020 health and prescription drug plan options can get free help from benefits counselors with the Harris County Area Agency on Aging (AAA), a division of the Houston Health Department.

Medicare open enrollment begins October 15 and runs through December 7. It is a period for beneficiaries to compare all their Medicare options and make changes to their health or prescription drug coverage for the following year.

"Mulling over the wide range of Medicare health care options can seem quite daunting to some seniors and people with disabilities, said Rose Ortega, a benefits counselor with AAA. "Guiding them as they evaluate their options can help them find the Medicare plans that better suit their health needs."

Open enrollment for most beneficiaries may be the only time they can make changes to their Medicare coverage. They can:

- change their Medicare health or prescription drug coverage for 2020;
- decide which plan will meet their needs for 2020;
- check for changes in their plan such as costs;
- check drug coverage; and
- check if they will be able to see their preferred doctor or pharmacy.

Medicare beneficiaries or their legal representatives can obtain benefits counseling or more information by calling AAA's call center at 832-393-4301.

Benefits counselors do not recommend or endorse any specific insurance product, insurance company or plan. They provide information and advice so beneficiaries can make their own decisions.

People can enroll in Medicare if they are 65 or older, under 65 and have a disability or have either end-stage renal disease or ALS, also called Lou Gehrig's disease.

New coverage begins January 1.



## Comptroller releases 2020-2021 estimate of state revenue

AUSTIN — State budget writers likely will have more funds to meet the needs of Texas in the near term, based on information released Oct. 10 by the comptroller's office.

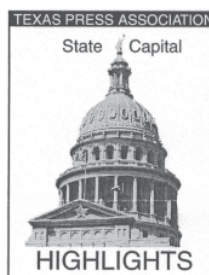
Texas Comptroller Glenn Hegar said revenue available for general spending in 2020-21 is expected to total about \$121.76 billion, up 9.6 percent from the 2018-19 biennium. This revenue would support the \$118.86 billion in general-purpose spending called for by the 86th Texas Legislature and would result in a final balance available for certification of \$2.89 billion.

Before each regular legislative session, the comptroller issues a biennial revenue estimate that forecasts how much money will be available for spending in the state's next two-year budget cycle. After the session, the comptroller releases the certification revenue estimate providing the detailed basis by which the comptroller certified the budget. The certification estimate revises the biennial revenue estimate to reflect legislative activity and current economic information and takes into account final revenue numbers for the recently ended fiscal year.

"In fiscal 2019, the Texas economy continued to grow at rates among the highest in the nation," Hegar said. "We are projecting continued expansion of the Texas economy in this biennium. The most likely scenario is one of steady expansion at a pace below that of the 2018-19 biennium. Risks to the estimate, however, include ongoing uncertainty about trade and national economic policy, slowing global economic growth and volatility in energy prices resulting from instability and potential conflict in the Middle East."

## STATE CAPITAL HIGHLIGHTS

By Ed Sterling



now includes regional data in TexIndex, allowing a more detailed look at the state. Data range from information on the state's under-18 population and degreed professionals to home values and the state tax burden.

### Syphilis testing mandated

The Texas Department of State Health Services recently announced Texas public health officials are reminding health care professionals about a new law increasing syphilis testing during pregnancy. Texas law now mandates three syphilis tests: at the first prenatal exam, during the third trimester and at delivery. The new requirement took effect Sept. 1 and comes as the state has seen a sharp increase in the number of syphilis infections passed from mother to child.

Congenital syphilis cases reported to the Texas Department of State Health Services more than doubled last year amid an ongoing increase in syphilis among women of childbearing age and an enhanced public health effort to detect and track cases. There were 367 cases of congenital syphilis in Texas in 2018, up from 164 in 2017.

"Congenital syphilis can have devastating effects on a child, but it is preventable when treatment begins in time," said Dr. John Hellerstedt, DSHS commissioner. "Testing in accordance with the new law will provide the best opportunity to treat the infection so the infant doesn't suffer permanent consequences."

### Update: Vaping, lung issues

The Department of State Health Services on Oct. 8 reported Texas has identified 95 cases of severe lung disease in people who report "vaping" before developing symptoms. One of the patients died.

The agency said state health officials continue to gather information about 28 other possible cases to determine whether they are consistent with the symptoms and substance use seen in cases in Texas and 48 other states.

Information about vaping and e-cigarettes is available online at [dshs.texas.gov/vaping/](http://dshs.texas.gov/vaping/).

### Early voting schedule is set

According to the Texas Secretary of State, the 10-day period for early voting will begin on Monday, Oct. 21, and end on Friday, Nov. 1.

## THE POSTSCRIPT

By Carrie Classon

### "The Kind of Dog I Am"

When my husband, Peter, and I met, we each had a dog.

Peter had a collie named "The Pretty Boy." (Yes, "The" was part of his name) and I had a pound puppy, part golden retriever, part border collie mix named "Milo." The Pretty Boy died shortly before we were married, about five years ago, and Milo died just over a year ago.

We talk about getting a new dog, of course, but all the good reasons not to have a dog prevail. Extended travel—actually travel of any kind—is enormously complicated with a dog. So, for a year now, Peter and I have stuck to our guns and only for a moment here and there been seriously tempted. But this doesn't mean we have stopped loving dogs.

I see dogs every day and I no longer even hesitate to interrupt some poor person's walk to talk to their dog. I talk to the dog and the dog lets me know if it is shy or finds me a little tedious or would prefer to keep walking or, in some cases, is really excited to meet me.

Being less focused on my own dog and more aware of other dogs has given me a new appreciation for all the breeds of dogs I never noticed before. In the great universe of dogs, I no longer play favorites. And I think this is a good thing because, the more dogs I meet, the less difference I see between dogs and people.

This got me wondering what kind of dog I am.

Naturally, in the past, I assumed I was a lot like the dog I owned. I imagined I was sort of a golden retriever mix. I was a cool dog, a chill dog. I was mellow and relaxed and, if something out of the ordinary occurred, I would tilt my head slightly in bemusement.

I am actually nothing at all like this.

If I were a dog, I would jump on the furniture when a new person entered the house. "Look at me! Look at me! Don't you like me?!" I would yap. If they failed to react, I would run circles around them until I got their attention. I would get overexcited and probably piddle on the kitchen floor. (For the record, I do not do this in real life.)

Whoever had to live with me would heave an exasperated sigh. "Does someone need to go for a walk?" they would ask me.

"A WALK?!" I would bark, as if I had never had a walk before in my life. "I want to go for a WALK!!" I would lunge for the leash and race towards the door. You know this kind of dog. This is what I am.

It would be nice to be the golden retriever I imagine myself to be. The problem is that I will never be that dog. And so, instead of thinking of myself as a golden retriever who always falls short of the mark, I've begun to think of myself as the dog I am—not much hair, rather small and hyperactive, impatient and desperate for affection—that's the dog I am. Maybe, I thought, maybe I could love the dog I am, just as I am.

This is a useful way of thinking about others as well because it's a lot easier to love a dog for what it is—whether that dog is me or someone else.

"Oh! You're a good dog!" I say. "You are just perfect for the kind of dog you are."

Till next time,  
Carrie

## LETTERS To The Editor

### INCORRECT INFORMATION ABOUT MT. ROSE CHURCH

I noticed on page 5, I don't know who took the picture of Mt Rose Church of God in Christ, but they put Mt Rose Church of Christ instead of Mt Rose Church of God in Christ, also they listed the event as a bazaar? It was a free market day giving away food, clothing items, etc., free of charge.  
— READER

**IN THE STARS**

**Crosby Historical Society meeting**

The Crosby Historical Society will hold a meeting at 2:00 PM on Saturday, October 19th at the Crosby Brethren Church. The meeting is free and open to any interested persons, so please feel free to join us where they will present some of the 1000's of old photos of the community that have been graciously shared with the group.

**Goose Creek CISD Parent Resource Fair**

Goose Creek CISD is hosting the Raising a Happy & Healthy Child - Parent Resource Fair Saturday, October 19, 2019, from 9 a.m. - 12 p.m. at Sterling High School, 300 West Baker Road.

Highlights include a children's costume contest, door prizes, free flu shots for children and adults, trick or treating, free children's immunizations (based on eligibility) and an appearance by the Chick-fil-A Cow!

Park in the Garth Road side parking lot. Free transportation is available using the Harris County Transit Fixed Route - Baytown Route 3.

Please call Harris County Transit at 832-927-4835 for transportation information.

**Northside Baptist Anniversary**

Northside Baptist Church of Highlands will celebrate Homecoming Day and their 58th Anniversary on October 20, 2019 at 10:45 am. NOTE: Worship Service will begin 15 minutes earlier. "Dinner on the Grounds" will follow the service.

Please join us for a great time of singing, preaching, fellowship, and good food. Everyone welcome.

Northside is located at 317 Barbers Hill Rd., Highlands, TX. 77562; nsbhighlands.org.

**Food Bank Mobile Unit**

POINT Alternative Center at 401 Jones Road in Highlands will host the Houston Food Bank Mobile Unit. Pick up free healthy food, such as milk, produce, cereal and canned goods, Friday, October 25, 2019, from 4-6 p.m. This event is open to the community. Please bring bags for the food items.

**SCENES FROM THE 62nd ANNUAL MISS HIGHLANDS PAGEANT**

Saturday, Oct. 12, 2019



PRESLEY NORTON, High Ticket Sales; HALEY MAXEY, Miss Congeniality & Miss Photogenic; SYDNEY DEEVERS, Talent Winner



Miss Highlands, HALEY MAXEY Recipient of the Jennie Robbins Community Service Award (Pictured with Kathryn Dunlop)



JR. MISS HIGHLANDS First Runner Up, LEXI YORK 2019 Jr. Miss Highlands, AUBREY BIRD Second Runner Up, DASANI GREEN



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and I will be healed;  
save me & I will be saved,  
for you are the one I praise  
--Jeremiah 17:14

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I Corinthians 13:8

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I can do all things through Christ who strengthens me.  
**PHILIPPIANS 4:13**

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Pride only breeds quarrels,  
but wisdom is found in those who take advice.

**OBITUARIES**

**Kwang Yeon Ko**  
1/27/1942 - 10/8/2019

Mr. Ko was born in Korea and grew up in South Korea. He married the love of his life, Soo Nam Kang, who went to be with the Lord in 2012. His only Brother Kwang Ho Ko has also passed away.

Mr. Ko leaves behind, his daughter, Eun Jong Ellison, son in law, Trey Ellison, grandchildren, Elijah Ellison, Ellie Ellison, and Ethan Ellison.

Mr. Ko, was a faithful member of Crosby Church. A Celebration of Life will be at Crosby Church Saturday October 19th at 12 p.m.

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What we suffer now is nothing compared to the glory He will reveal to us later  
ROMANS 8:18

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★ ASK THE EXPERTS ★

## Myers receives award for work on Wellness Clinic

Stephanie Myers, benefits coordinator for Goose Creek CISD, receives an award for her leadership in providing health care options for employees. Myers, an alumnus of Ross S. Sterling High School, invested countless hours working in partnership with Next Level Urgent Care to provide an Employee Wellness Clinic where employees may receive quality health care at no cost. Presenting her award at a recent meeting of the board of trustees are (from left) Agustin Loredo III, board president; Eloy Chapa, assistant superintendent for human resources and Dr. Randal O'Brien, Goose Creek CISD superintendent.



Photo by Mima Trujillo

## Walmart donates to Goose Creek CISD Education Foundation



Steve Byford (second from right), general manager of Walmart Import distribution Center #7042, is recognized at a meeting of the Goose Creek CISD board of trustees for donating more than 110,000 items, including pencils, topper erasers, binders and scissors, to the Goose Creek CISD Education Foundation. Pictured are (from left) Agustin Loredo III, board president; Erika Foster, education foundation director; Byford and Dr. Randal O'Brien, Goose Creek CISD superintendent.

## Elvis Tribute,

CONTINUED FROM PAGE 1

The Entertainer of the Century Elvis Presley. His forte is the Elvis Tribute Artist mastery. He won the Myrtle Beach Non-Pro Division in 2017, The Images of The King and the pinnacle point recently his crowning moment winning the Pro Division at the Elvis Explosion at La Crosse, Wisconsin in September 2018. Riley's charisma is unparalleled on stage and humility off stage mesmerizes audiences. He literally embodies the presence with a natural ability that brings the ghost of aearly Elvis Presley alive.

Riley is performing with the concert show of "Cash, The Killer & The King" off Broadway amongst other major shows. He is sought after on many levels in the entertainment world! One

of the upcoming brightest stars to hit the stage.

Riley still remains humble and respectful although his popularity is gaining strong momentum.

National and International 50's & 60's Tribute Show Group "Shake Rattle & Roll" will make you stop, drop and roll with laughter as they take you back to a time of innocence with their beautiful harmony, choreographed moves, comedy and hula hooping skills.

"Shake Rattle & Roll has entertained with "The Coasters", Jimmy Clanton " (Venus in Blue Jeans), "The Country Comedy Tour", Las Vegas artist "Richie Vallens" (Sting Ray Anthony), "Buddy Holly" (Kenny James), "Travis Powell" (# 1 Elvis Tribute

Artist in the world), Steve Fountain Production and for numerous Civic Organizations, Churches, Commercial Businesses and sing back up for other artist.

"Shake Rattle & Roll has entertained at venues such as "Texas Country Music Hall of Fame" the "Columbia Space Shuttle Project", Elvis week in Memphis, Tent, State Fair of Texas", as well as in the states of Missouri, Arkansas, Louisiana, Las Vegas, NV, New Jersey Theater at the Park, and Hall of the Inn Krone Zorbas, Bad Nauheim, Germany, Redneck Heaven, Freidback, Switzerland, and other venues.

For reservations call the Liberty Opry at 936-336-5830

## Angels Care Home Health provides tips for managing pain as you age

If you have suffered from pain for several months or longer, you are among the millions of Americans with a condition known as chronic pain. Despite decades of research, chronic pain remains complex and difficult to treat.

Chronic pain can be so debilitating that it disrupts daily activities, such as eating and sleeping, causes anxiety and depression, and compromises quality of life. Since chronic pain grows more prevalent with age, seniors and the elderly are especially at risk.

Nearly 50 million Americans have chronic pain, according to the American Pain Foundation. Sometimes the pain is caused by a specific injury or surgical incision that has long since healed, other times there may be no apparent reason for the pain. However, many cases of chronic pain are related to these 7 conditions: Low back pain, arthritis (especially osteoarthritis), headache, multiple sclerosis, fibromyalgia, shingles, and nerve damage.

The good news is that chronic pain can be managed successfully. There are a variety of treatments available. Some treatments come in the form of prescription medicines that you can get from your doctor, others can be found over-the-counter. And then there are some treatments that don't involve pharmaceuticals at all.

Angels Care Home Health understands the importance of managing pain and provides the following tips and information about the various ways to manage pain in the hopes that if you or someone you love is suffering, you will have a better understanding of some of the pain relief options available to you to discuss with your healthcare provider.

Prescription Medicines

There are four main types of prescription pain relievers used to treat pain, including:

swelling, redness, itching, and allergic reactions; may be prescribed for allergies, asthma, or arthritis.

- Opioids (Narcotics). Treat acute pain such as short-term pain after surgery.
- Antidepressants. Treat chronic headaches like migraines.
- Anticonvulsants. Treat nerve pain-related conditions like fibromyalgia and peripheral neuropathy.

Over-The-Counter Medicines

- Acetaminophen (Tylenol). Relieves fever and aches; recommended for arthritis pain.
  - Nonsteroidal anti-inflammatory drugs (NSAIDs). Include aspirin, naproxen, and ibuprofen; treat the pain, inflammation, and swelling related to rheumatoid arthritis.
- As people age, they are at risk for developing more serious side effects from medication. Due to this risk, it is important to take exactly the amount of pain medicine your doctor prescribes.

Also, mixing any pain medication with alcohol or other drugs, such as tranquilizers, can be dangerous. Make sure your doctor knows all the medicines you take, including prescription drugs, over-the-counter drugs and herbal supplements, as well as the amount of alcohol you drink.

Non-Pharmaceutical Treatments for Pain

- In addition to drugs, it may take both medicine and other treatments to feel better. There are a variety of complementary and alternative approaches that may provide relief from pain, such as:
- Acupuncture. Uses hair-thin needles to stimulate specific points on the body to relieve pain.
  - Biofeedback. Helps you learn to control your heart rate, blood pressure and muscle tension. This may help reduce your pain

and stress level.

- Electrical nerve stimulation. Uses electrical impulses in order to relieve pain.
  - Massage therapy. Can release tension in tight muscles.
  - Physical therapy. Uses a variety of techniques to help manage everyday activities with less pain and teaches you ways to improve flexibility and strength.
- Helping Yourself
- If you're living with chronic pain, you want to do everything you can to help your body, not hinder it. Aside from medications, there are other things you can do yourself that might help you feel better, including:
- Eating a well-balanced diet.
  - Maintaining a healthy weight.
  - Keeping moving.
  - Getting enough sleep.
  - Joining a pain support group.
  - Seeing a pain specialist.
  - Avoiding tobacco, caffeine, and alcohol, which can get in the way of treatment and increase pain.
  - Keeping a pain journal.

Overall, knowing and understanding the medications you're taking, what they can do for you, and their side effects, plus educating yourself about other treatment options is your goal to helping you have a normal mood and activity level and work towards managing your pain. Most important is to be proactive and discuss all options with your physician. Be proactive, ask questions and look for answers.

If you or a loved one are suffering from chronic pain and want to learn more, contact Angels Care Home Health today for more information about its Pain Management Program, community education classes or to discuss the benefits of home health service at 281-427-3510 or visit [angelscarehealth.com](http://angelscarehealth.com).



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# Wrong way driver,

CONTINUED FROM PAGE 1

Hermann. The Astro Van driver had to be extricated by Crosby Volunteer Fire Department, a second helicopter was required for a 16 year old male and a 21 year old from the Astro van. A 42 year old male was taken by ambulance to the hospital.

The road was closed for two hours as an investigation and medical evacuation was accomplished.

On Thursday a classic vintage 1953 Bentley crashed into a culvert on Church St. at about 11:00 p.m. The operator was said to be in fair condition except distraught about the loss of the Bentley.

Accidents with injuries occurred on Saturday at about 3:10 p.m. on FM 1942 and another at about 3:30 p.m. near Sroker Road.




Bystanders examine an overturned vehicle on FM1942. The accident occurred on Saturday afternoon. Authorities think the driver was speeding, and swerved to avoid another car.

# Local JP hosts Gatsby gala at Pavillion



Precinct 3 Justice of the Peace Position 1 Lucia Bates hosted a gala event Oct. 11 that took on the semblance of F. Scott Fitzgerald's novel of decadence and privilege in the Great Gatsby as a fundraiser for her campaign at Sylvan Beach Pavillion in La Porte.



## 72nd Annual BBQ and Raffle

**Saturday October 19th 11am to 5pm**  
Highlands Fire Dept. Sta 17 123 San Jacinto Highlands 77562


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Some of the best tasting BBQ, of course, a raffle with great prizes and don't forget the silent auction. You will surely find an item you just don't want to leave without. Item goes to the highest bidder at the closing of the auction. Come join us and have a great time and once again Thank You for supporting The Highlands Volunteer Fire Department

BBQ Plates \$10 Includes: Brisket, sausage, beans, potato salad

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