

HIGHLANDS CROSBY
Star ★ **Courier**

Serving Highlands, Crosby, Huffman and Surrounding Communities since 1955 ▪ www.starcouriernews.com

VOL. 68, NO. 12 - 50¢ © Copyright 2021 THURSDAY, MARCH 25, 2021 P.O. DRAWER 405, HIGHLANDS, TEXAS 77562

IN THE STARS

EVENTS

MARCH 27 & 28
Crosby American Legion Post 658

8am - 4pm All ages invited, we supply shells, a winner every round of shooting, shotgun turkey shoots, Kids BB Gun shoots, food and beverages. Have fun supporting veterans.

April 17 & 18
Gun & Knife Show Legion Post 658

Vendors Contact Gary Alston (281) 328-1814 or write commander @legionpost658.org

COVID-19
Cases as of March 22, 2021

HOUSTON AREA
19 COUNTIES

603,517 POSITIVE
6,223 DEATHS
552,289 RECOVERED

TEXAS

2,754,616 POSITIVE
47,346 DEATHS
20,683,375 TESTS

UNITED STATES

29,818,528 POSITIVE
542,356 DEATHS
381,190,995 TESTS

WORLDWIDE

123,160,171 POSITIVE
2,715,080 DEATHS
69,781,922 RECOVERED

BIRTHDAYS

Mar 25-Tara Barron
Mike O'Conner
Mar 27-Emma Johnson
Mar 28-Zachery Abbott
Rebecca Erikson
Edgar Wotipka
Mar 30-Derek Geffs
Rachel Schultz
Cheryl Sue Zarsky
B.J. Amberger
John C. Zaprada
Mar 31-Amy Brewer
Lottie Velma Dunaway
Apr 2-Mickey Mann
Tim Engle
Pauline Cutbirth
Levi James Boyd
Apr 3-Randall Henning
Dylan James Lay
Liam Greenwood
Bryan Muldrow
Dot Sheffield
Zac Bowman

ANNIVERSARIES

March 31-William & Susan O'Neal
Apr 1-Doug & Jackie Adams
Apr 5-Randy & Rose Donnell

DEATHS

Arthur Wayne Peterson, 86, Crosby,
Maurice Robbins, 86, Highlands

Crosby ISD picks Superintendent Finalist

CROSBY - Paula Patterson was named the lone finalist to serve as Superintendent by the Crosby ISD Board of Trustees at the third of successive Special Called Meetings in a week on Wednesday, March 17.

A press release from Crosby ISD touts 20 years as an educator and her current position as Deputy Superintendent of Academic Service in Sheldon ISD. "A graduate of Crosby ISD and a resident of the Crosby community, Mrs. Patterson began her professional career as a teacher in Crosby ISD and became principal of Crosby Elementary. She has served in numerous administrative leadership roles in LaPorte ISD and Galena Park ISD. In the Sheldon district Mrs. Patterson served in various central office administrative positions with



Paula Eagleton Patterson, a native of Crosby, tapped as finalist in search for new Superintendent.

increasing responsibilities before her current assignment as Deputy Superintendent.

Dr. King Davis, Sheldon ISD Superintendent, states, "Mrs. Patterson possesses all the attributes that are needed to be successful as a leader in education. Her expertise, leadership, and trustworthiness have made me a better leader and my team stronger."

Sheldon ISD's website attributes her duties as overseeing curriculum and instruction, elementary and secondary principals, special education services, grant development and compliance, innovative programs, PEIMS and accountability and multilingual programs.

"It is a great honor to be selected to lead my hometown district as Superintendent of Schools. Although I have served three other districts in the East Harris County area, I never moved my residence from Crosby. I am dedicated and committed to the work of our communities and providing a top-notch education for all of our students."

She also served in administrative positions in Galena Park ISD and LaPorte.

Patterson replaces former Crosby ISD Superintendent Scott Davis, who piloted the district through financial difficulties, tirelessly strived for academic improvement, and oversaw athletic improvement for two years.

Davis served full time until his amassed vacation time with all districts would have taken him through his June retirement, currently, he is helping with transition making sure all requirements and legalities are fulfilled.

Karen Grey, with 26 years in the District, serves as the Interim Superintendent since a February 26 Special Called Board Meeting.

Patterson could be confirmed as Superintendent at an April 7 regular board meeting.

CISD board of Trustees voted for the finalist in the superintendent search, as follows: Board President Tanya Eagleton for, Vice President J.R. Humphries against, Heather Barrett for, Jennifer Roach for, Kealynn Lewis against, John Swinney against, Christina Castillo for.

Legion hosts testing, youth, turkey shoot

CROSBY - The David H. McNerney American Legion in Crosby Post 658 has always been integral to the community and a valuable asset playing critical roles during Hurricane Harvey and a testing site for COVID 19. Now the post is upgrading with a shooting range out back, involving youth with a BB range inside for Mondays, developing a Junior Shooter's Club and other occasions.

This Saturday and Sunday the Crosby American Legion Turkey Shoot Fundraisers kick off at 9 a.m. until 4 p.m. It is a retry of the event that was to be held on February 13 but cancelled. Featured will be shotgun shots at \$5 each and a kids BB contest



Kids participate in Monday night BB and pellet shooting contests with strict supervision.



Commander Gary Alston and Gunny show their 100 yard range set up. The shotgun range is closer, and pistol range set up still closer, with judges stationed at the left.

Methodists host March Madness



The March Madness event at Crosby United Methodist Church, last Saturday offered something for most of us and a chance to visit with the community. A tiny chill in the air gave way to a perfect day and the kids were actively riding the tractor pulled train about the parking lot and playing a bevy of games. There were plants, cutlery, clothes, nick-knacks, televisions, bureaus and pastries for sale with the latter augmented by an Easter Cake decorating contest and an ice cream creations contest featured on page 3 of this issue. Silent auction held some of the most interesting items and drew awards from interested bidders. It was a splendid outing for all attendees.

Spring concert win sets Rodeo ahead



George Deerborne got the crowd on their toes and several dancing to classic country hits with a highly professional sound last Saturday at the Crosby Fair & Rodeo Rock'n C Round-Up inside the covered pavillion. With just a few neat items the live auction called by Col. Bill Busby brought in about \$13,640 and the silent auction brought in about \$3,000, setting up a nice grub steak to begin working on the Rodeo proper this June. This year, the CFR Cook-Off is to be from June 4 until June 6. The Livestock Auction is to be held on Thursday, June 10 from 6 until 10. Friday, June 11 is the first Crosby Fair & Rodeo and Concert, Saturday, June 12 is the final concert.

TURNER CHEVROLET
FIND NEW ROADS
TurnerChevroletCrosby.com
281-328-4377

AUTO & HOME INSURANCE
Jeremy Rosenkranz
State Farm Agent
440 S. Main Street, Highlands, TX 77562
281-426-3512
jtr@jeremyrosenkranz.com

WESTON G. COTTEN
Attorney at Law
O. 281/421-4050
F. 281/533-6032
weston@westoncotten.com

STAR-COURIER PHONES: 713-266-3444 • E-MAIL: GRAFIKSTAR @ AOL.COM • FAX: 713-977-1188

Refinance WITH CRCU
No Lender Fees
NO Points, Origination, Underwriting or Processing Fees
Local Decisioning Mortgage Specialists
Bilingual

Community Resource CREDIT UNION
GO TO CRCU.ORG/REFIMYMORTGAGE FOR MORE DETAILS!

Goose Creek Memorial Basketball Team receives recognition



Baytown Mayor Brandon Capetillo presents a proclamation to Coach Jamaal Haymon and the Goose Creek Memorial Boys Varsity Basketball Team for making it all the way to the Class 5A Region 3 Semifinals.

COVID 19 Testing Sites in NE Harris County

CROSBY David H. Mc Nerney Crosby American Legion Make Appointment (936) 333-3333 ; walk ups welcome 8 a.m. until 6 p.m. Mobile or On-Site Testing Texas Mobile Medical Labs	Neighbors Emergency Center No appointment needed 14120 FM 2100, Crosby, TX (281) 328-7770	CVS Channelview (281) 452-7184 Appointment Req. Urgent Care MDs Appointment Req. (281) 428-0000 Located in the DOW Medical Park
Crosby ISD Apt. Necessary (281) 328- 9200 14670 FM 2100 Crosby,	Crosby Community Center (when open) 409 Hare Rd., Crosby, TX (281) 462-0543	HUFFMAN Care Now Urgent Care No Appt. Necessary Humble (281) 397-5258
Urgent Care MDs No appointment needed 9 until 9 14405 FM 2100, Crosby (832) 821-9780	Nova Medical Ctr. Apt Req. (713) 453-7788 13469 East Freeway, Houston, TX 77015 Open 8:30 a.m.	Urgent Care M.D.s No Appt. Necessary Atascocita (281) 570- 6856
	HIGHLANDS (Go to either Baytown or Channelview))	

Maximum Tax Savings



Jack Noonan B.B.A., T.R.E.B., E.A.

CRI FINANCIAL MANAGEMENT COMPANY

A DIVISION OF CORPORATE RECOVERY, INC.

TAX PREPARATION & CONSULTATION

All Federal, State, Foreign & Individual, Partnerships, Trusts, Estates, Corporations (C, Sub S & Limited Liability) & Payroll Tax Returns, Intuit Pro-Advisors,

Service All Businesses & Individual Taxes
Specialists in getting late filers into I.R.S. Compliance

Business Solutions for New Tax Rules, Regulations and Tax Audits
Debt Consultation and Bankruptcy Protection as a Solution to your Debts
Other Services Rendered

Bookkeeping, Computer Systems, Financial Management, Investments, Payroll, Property Rendition, Real Estate & Business Brokerage

Normal Business Hours

Monday through Friday 8:30 a.m. to Noon - 1:00 p.m. to 5:30 p.m.

Saturday By Appointment

ASK FOR YOUR FREE COPY OF OUR INCOME TAX ORGANIZER

JACK NOONAN, B.B.A., TREB, E.A. & STAFF

IRS Enrolled License # 2018 - 65282

6400 FM 2100 North Main, P.O. Box 1428, Crosby, TX 77532-1428

Telephone (281) 328-1755 Fax (281) 328-5280

E-mail: cri.tax.jhinson@gmail.com



**WE NEED
YOUR
TRADES**

**TURNER
CHEVROLET**
Crosby, Texas

**2020 EQUINOX
ONLY
\$20,977**



**2020 CHEVY
TRAX LOANER
ONLY \$15,999**



**2021 CHEVY
SILVERADO'S
0% FOR 72
MONTHS**



**2020 CHEVY
TRAILBLAZER
ONLY \$19,925**



2020 Chevy Equinox STK#L6272067 MSRP: \$28,475 \$1,498 dealer discount, \$4,750 Factory rebate, \$1,250 conquest (must own 2007 or newer non-gm), \$20,977 Final Price. 2020 Chevy Trax Loaner STK#L8338859 MSRP: \$23,055 \$1,306 dealer discount, \$4,500 Factory rebate, \$1,250 conquest (must own 2007 or newer non-gm), \$15,999 Final Price. 0% for 72 months on 2021 Chevy Silverado's and Equinox, \$13.89 for every \$1,000 financed. Must finance with GM Finance. 2021 Chevy Trailblazer STK#MB103241 MSRP: \$23,175 \$2,250 Factory rebate, \$1,000 conquest (must own 2007 or newer non-gm), \$19,925 Final Price, plus TT&L and doc fee of \$150. With approved credit. Must take from dealer stock, see dealer for details offer ends 03/31/2021

PRE-OWNED DEALS!

2015 Scion XB PS1008.....	\$11,739
2014 Jeep Cherokee EW256426.....	\$12,967
2015 Chevy Equinox F6352483A.....	\$12,998
2017 Buick Envision HD002777.....	\$14,500
2019 Chevy Equinox KS559623A.....	\$17,145
2016 Honda Accord GA153043.....	\$17,885
2019 Ram 1500 ks612550.....	\$23,985

Plus TT&L and doc fee of \$150. See dealer for details.

10% OFF OIL CHANGE

Can not be used in conjunction with other offers, not valid with merchandise, see dealer for details. Offer ends 3/31/2021

21001 Crosby Freeway, Crosby TX 77532

On the corner of Hwy 90 and Hwy 2100 between Barrett Station and Crosby

Call: 281-328-4377

TurnerChevroletCrosby.com



Robert Turner
Owner



281-328-5869



Home Health Care

Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Worker, Home Health Aide, Hospice Services

*Physical Therapy Position Available

CALL TODAY TO SEE IF YOU QUALIFY FOR MEDICARE FUNDED HOME HEALTH CARE

Physical Therapy Position Available

Locally owned and Operated by Tabatha and Jonathan Brady

Non-Discrimination Policy

No client shall be, on the grounds of race, color, national origin, age, sex, disability or handicap, sexual orientation, marital status, religion or status with regard to public assistance or veteran status, excluded from admission to services through Omnix Health Care Services, Inc.

**CROSBY'S HOME
TOWN HOME CARE**

Crosby United Methodist Church
hosted the *March Madness Spring Festival* on




Saturday, March 20. This festival is a continuation of the Harvest Moon Festival that has been hosted there for many years. The Festival was comprised of many of the activities that the community loves such as: the rummage sale, kids fun events, vendors from the community, and various food contests. The Church plans on making this event a yearly happening.

Michelle Day 1st Place Cake	
Sandy Roden 2nd Place Cake	
Gavin Fox 2nd Place Chili	
Melissa Miley 1st Place Ice Cream Peanut Butter Chocolate Chunk	
Ray Reese 2nd Place Ice Cream Lemon Sorbet	

Galena Park I.S.D.
will host a






SUPER SITE FOOD DISTRIBUTION



FRIDAY, MARCH 26, 2021
9:00 A.M.
****WHILE SUPPLIES LAST****

North Shore Senior High School
353 N. Castlegory, Houston, TX 77049

Enter on Evanston, west of the stadium and remain in your vehicle.
This distribution will not have a walk up option.

Expert primary care **CLOSE TO HOME**

Houston Methodist Primary Care Group in Baytown

Our team of physicians at Houston Methodist Primary Care Group is proud to provide expert care in serving Baytown and surrounding communities. Our collaborative team offers a wide range of services to meet your primary care needs, including:

- Acute and chronic care
- Allergy and asthma
- Diabetes management
- Flu shots and routine immunizations
- High blood pressure
- Preventive care
- Weight loss management
- Women's health



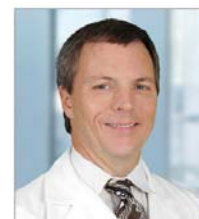
Mohammad Ahmed, MD
Family Medicine



Irfan Dadabhoj, MD
Family Medicine



Pooja Kulkarni, MD
Family Medicine



Gregory Terry, MD
Family Medicine

SCHEDULE AN APPOINTMENT

1677A W. Baker Rd.
Outpatient Center, Suite 2701
Baytown, TX 77520

houstonmethodist.org/pcg/baytown
713.394.6638



★ OPINION PAGE ★

COUNTY CONNECTION
Harris County Judge Lina Hidalgo



We are so close to beating the virus

We are Texans, and the concept of freedom is an essential piece of our identity. We all want the freedom to go out to eat and to socialize, the freedom for our economy and our schools to open without the fear of getting deathly ill, the freedom to use amazing science and vaccine developments to our full advantage. But taking away critical public health interventions that we know are working in the name of personal freedom won't make our community safer, nor will it hasten our return to normalcy. The state's decision on Tuesday to end the statewide mask mandate and increase business capacity to 100% is a threat to all of the sacrifices and progress we've made, as well as to everyone who has not yet received a vaccine. At best, Tuesday's decision is wishful thinking. At worst, it is a cynical attempt to distract Texans from the failures of state oversight of our power grid.

Every time COVID-19 public health measures have been pulled back, we've seen a spike in hospitalizations. If we start the climb now, we'd be starting from the highest starting point ever when it comes to our hospital population, an unacceptable and dangerous proposition. Even more troubling is the revelation that Houston has the unfortunate distinction of being the only city recording every major strain of COVID-19. Our positivity rate is still sky high and moving up, not down — we're now at 13% positivity. We're still seeing hundreds of new cases a day. With the arrival of COVID-19 vaccines, we're finally inching closer to the finish line of this deadly, destructive pandemic — now is not the time to reverse the gains we've worked so hard to achieve. We're able to finally see the light at the end of the tunnel now because of the common sense steps we've taken to prevent the spread of this virus, like wearing masks. We can't take one step forward just to take two steps back.

History will remember those who took part in the unified effort to save lives in our community and pull us through this awful pandemic. It will also remember those who undermined and prolonged this crisis in the name of scoring political points with their base. Our Harris County community is smart — we can see through the politics of this. I know we will keep at it and continue to be good neighbors, good citizens, and do the right thing, including wearing masks. Let's also reward those that do the same. Shop at businesses still requiring masks and keeping capacity low to protect their employees and their patrons.

We've been through so much, but we are so close. Keep holding on. Our success at beating this virus is all up to us now.



OPINION
By **BILL KING**



Does the Economy Need an Additional \$1.9 Trillion of Stimulus? No.

The Biden Administration and Democrats in Congress are pressing for another stimulus bill in the amount of \$1.9 trillion to address the effect the COVID pandemic has had on the economy. This comes on top of about \$4 trillion Congress has already approved, much of which has not yet been spent.

The bi-partisan Congressional Budget Office (CBO) released its updated economic projections for the U.S. The CBO runs economic projections to advise Congress on budgetary issues. The CBO now projects that the nation's GDP for this quarter will bounce back to what it was prior to the pandemic.

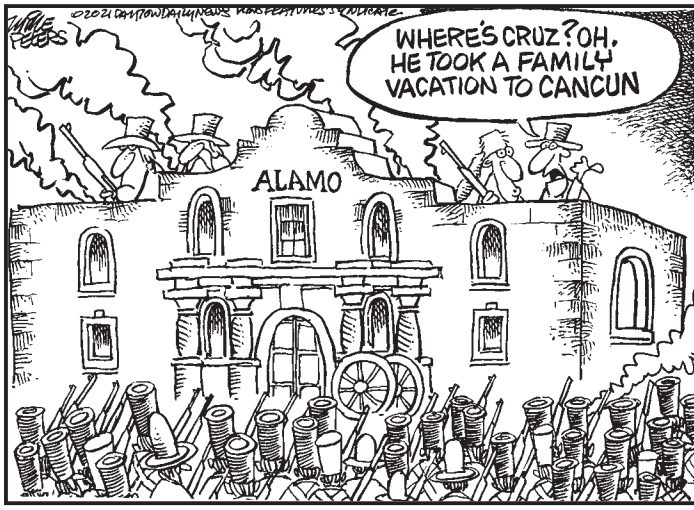
This article by the Committee for a Responsible Federal Budget discusses how think tanks and researchers across the political spectrum have all concluded that an additional \$1.9 trillion will substantially overshoot what is necessary for the economy to recover.

That said, it is clear that some segments of the economy have been damaged by the pandemic (and the attendant government response) much more than others. Obviously, the hospitality industry has been decimated. We should continue to support those disproportionately affected until we get past the pandemic. Programs like extended unemployment benefits, bridge loans and direct assistance targeted to those most affected are absolutely warranted. However, that type of aid could be done for a fraction of \$1.9 trillion.

One of the other talking points is that the massive bill is necessary to conduct the vaccination campaign. However, there is little evidence of that. In the last week, an average of 1.5 million doses were administered, a rate that is almost certain to continue to ramp up. While certainly that effort should be vigorously supported, the constraints right now are on the manufacturing side. There is no indication that throwing massive amounts of money at state and local governments will do anything to speed up the manufacturing process.

The bill includes \$350 billion to bailout state and local governments on the theory that they lost revenue during the pandemic. However, the revenue loss has not been nearly as severe as originally feared. Even the left-leaning Washington Post has opined that this provision is no longer warranted.

No one seems to worry these days much about the national debt, now closing in on \$28 trillion. But the national debt as a percentage of GDP is now higher than it has ever been, even higher than during WWII. This is not the time to adding to it unnecessarily.



STATE CAPITAL HIGHLIGHTS
By **Gary Borders**



PUC chair resigns in wake of call to energy investors

Arthur D'Andrea, the chair and sole remaining member of the Public Utility Commission, resigned late last week at the request of Gov. Gregg Abbott. D'Andrea pledged to remain on the PUC until Abbott names a replacement. In the announcement Abbott said in part, "Texans deserve to have trust and confidence in the Public Utility Commission, and this action is one of many steps that will be taken to achieve that goal."

Texas Monthly obtained a recording of a March 9 call D'Andrea had with investors to discuss the fallout from the mid-February power crisis, in the midst of a fierce statewide winter storm. In that 48-minute call, D'Andrea promised to put the "weight of the commission" in opposing efforts to reverse skyrocketing power rates during the blackouts.

Those efforts are being spearheaded by Lt. Gov. Dan Patrick, who in effect controls the Texas Senate. That body passed SB 242 last week, calling on the PUC and the Electrical Reliability Council of Texas to correct what Patrick called "billions in pricing errors that occurred" during the winter storm.

However, House Speaker Dade Phelan has called repricing "an extraordinary government intervention into the free market, which may have major consequences for both residential and commercial consumers going forward." The House is holding hearings on restructuring ERCOT and related issues this week.

RISE IN PEDESTRIAN FATALITIES RINGS ALARM BELLS

With spring arriving and COVID-19 restrictions easing, state officials warn that pedestrian deaths continue to increase each year. They urge both drivers and pedestrians to watch out for each other. According to the Texas Department of Transportation, pedestrian fatalities account for one in five of all



STATE CAPITAL HIGHLIGHTS
By Gary Borders

state traffic fatalities.

In 2019, the latest year for which figures are available, 5,973 traffic crashes involved pedestrians, resulting in 669 deaths and 1,317 serious injuries.

The two leading causes of pedestrian fatalities are: 1) Pedestrians failing to follow traffic safety laws and being struck crossing streets and roadways, and 2) motorists failing to yield the right of way, driving distracted or driving too fast.

TxDOT's pedestrian safety campaign is a component of #EndTheStreak-TX, a social media effort to encourage drivers to make safer choices, such as wearing a seat belt, driving the speed limit, not texting while driving, and never driving under the influence of alcohol or other drugs. The last deathless day on Texas roadways was Nov. 7, 2000.

COVID-19 VACCINATIONS UP MORE THAN MILLION IN A WEEK

With more than 900,000 additional COVID-19 vaccines arriving in Texas this week, the state has now administered more than 9 million doses, according to the Texas Department of Health and Human Services. More than 3 million are now fully vaccinated, roughly 10.8% of the state's population.

Nearly one in seven of all Texans at least 16 years of age are now fully vaccinated, according to DSHS. Anyone over the age of 50, health-care workers, long-term care residents, people

with chronic health issues, and school and childcare workers are all eligible for the vaccine.

You can find a list of vaccine hub providers at this link: <https://tinyurl.com/2u5een4w>

COVID-19 CASES, DEATHS IN STATE STILL DROPPING

The number of new COVID-19 cases in Texas dropped again last week, with 27,672 reported, down about 12 percent from the previous week. Deaths also dropped, with 932 reported, according to the Coronavirus Resource Center at Johns Hopkins University. That's down 16.5% from the previous week.

Hospitalizations of confirmed COVID-19 patients also continue to decrease, with 3,620 in Texas hospitals as of Sunday, according to DSHS. That's down 14.1% from the previous week and 75% lower than the record high of 14,218 hospitalizations in mid-January.

NATURE CHALLENGE LAUNCHED BY FOREST SERVICE

The Nature Challenge website has launched, connecting Texans with ways to explore the outdoors, acquire new skills and get involved in their community. The collaboration between the Texas Children in Nature Network, Texas by Nature and the Texas A&M Forest Service encourages Texans to explore nature and earn digital badges to track their progress. The website, naturechallenge.tamu.edu, features an interactive map and resources for users of all ages.

"The Nature Challenge provides the perfect opportunity for every Texan to have fun and learn something new while enjoying the physical, mental and emotional benefits of being in nature," said Joni Carwell, CEO and President of Texas by Nature.

Nature-related organizations are encouraged to use the site to promote their services and opportunities at no charge. Information for providers can be found on the Nature Challenge website.

WEBINAR SLATED TO HELP HOMEOWNERS FILE INSURANCE DAMAGE CLAIMS

Folks who need help with an insurance claim for winter storm damage can register for a free online webinar set for 11 a.m. Thursday, March 25. Staff with the Texas Department of Insurance will explain what to expect once a claim is filed and cover the options available if a claimant disagrees with an insurance company's decision. Register for the webinar at: <http://bit.ly/TDI-winter-storm-claim-webinar>.

Gary Borders is a veteran award-winning Texas journalist. He published a number of community newspapers in Texas during a 30-year span. Email: gborders@texaspress.com.

THE POSTSCRIPT
By **Carrie Classon**

Lori's Laughter

Throughout the past year, my husband, Peter, and I have been seeing no one except Peter's sister, Lori, and her husband.

Lori has Stage 4 cancer and has had a tough fight. She's been on oxygen all this time. The decision of how careful we needed to be was easy. If we were going to see Lori, we had to be extremely careful. And as a reward, once a week we have heard Lori's laughter.

I've been writing fiction for the first time in my life. No one told me in advance that writing novels is a lonely process. Especially now, there are no writers' groups, no coffee shops to write in—although I wasn't part of a writers' group before, and I've always thought a coffee shop was a noisy place to write.

Instead, I sit alone at my desk with my coffee cup and a vase of fresh flowers in front of me and I write. I write and I wait for the end of the week when we will see Lori.

"Where did we leave off?" Lori will always ask, sounding excited, followed by, "I might need a reminder," followed by, "I get two chapters this week, don't I?"

I will read in a mask (something I thought would be harder than it is), and I will listen for the sound of Lori's laughter, which is loud and frequent.

And many days—most days, in fact—that is enough reason to write.

Because it's impossible to never have a doubt when you are working on something like this. I wonder if it's any good or if anyone will find it interesting or if I have any idea what I am doing. But then I read another chapter to Lori, and I remember why I'm writing to begin with. I'm writing to tell a story, to entertain, to amuse, maybe even (every so often) to make a small point.

I haven't seen Lori in four weeks now.

She's been too ill for visitors. Her pain is higher, and her oxygen is lower, and we don't really know what is happening because she is too tired to tell us. Peter keeps bringing her food and I keep writing, but I cannot tell you how much I miss Lori's laughter.

I did not realize how much I have relied on Lori's laughter through all these weeks and months. I did not realize how seeing her every week has anchored my life to something real and joyful and positive—because that is what Lori is.

Today the sun is not shining, and a cold wind is blowing, and we have not heard from Lori and I don't know if we will.

"Maybe we'll see her this weekend," Peter says. "Maybe she'll feel better by the end of the week."

But we don't know. No one knows.

There are no platitudes about Stage 4 cancer that will make things fine. Things are not fine, and that is how it is. We don't know what the future will hold. She has battled back before, and we are hoping she will again.

But we don't know. Peter cooks and worries. I write. Lori is now far behind in the story. I am trying to remember what I last read to her.

But every time I come to a part where a deliciously unpleasant person is behaving especially badly, I imagine how Lori would laugh, if I finally get the chance to read to her again.

"Oh!" I think to myself. "Lori will love this."

Till next time,
Carrie
Carrie Classon's memoir is called, "Blue Yarn." Learn more at CarrieClasson.com



HIGHLANDS CROSBY
Star *Courier*
USPS 244-500
and the
Barbers Hill *Dayton* PRESS

Editor & Publisher.....**Gilbert Hoffman**
Associate Publisher.....**Mei-ing Liu Hoffman**
Assoc. Editor/Advertising Manager.....**Lewis Spearman**
Assistant Editor.....**Julietta Paita**
Marketing Manager.....**Willie Glasgow**
Production Manager.....**Luis Hernandez**
Asst. Production Manager.....**Gerardo Hernandez**

Entered as Periodicals Class at Highlands Post Office, Highlands, TX 77562. Under the Act of Congress of March 3, 1879. Published 50 weeks per year, on Thursday, by Grafikpress Corp., 5906 Star Lane, Houston, TX 77057. Opinions in this paper are those of the authors, and not necessarily this newspaper's. Any erroneous statement which may appear will be corrected when brought to the attention of the publisher. Liability for errors is limited to the reprinting of the corrected version. Submissions are encouraged, in person, by mail, by fax, or by email, to grafikstar@aol.com.

GRAFIKPRESS is publisher of community newspapers, including Highlands STAR-CROSBY COURIER; Barbers Hill DAYTON PRESS; Northeast NEWS; North Channel NEWS; North Channel STAR. Combined circulation of these newspapers exceeds 50,000. Readership exceeds 110,000 according to industry standards. We also print dozens of school, ethnic, and government publications on contract. Call for information to 713-977-2555.

SUBSCRIPTION RATES: In-county, \$28.00 per year. Out of county, \$35.00 per year. POSTMASTER: Send address changes to Star-Courier, P. O. Box 405, Highlands, TX 77562
News and Ad Phones...**713-266-3444**
FAX Line...**713-977-1188**
email: grafikstar@aol.com
Member Texas Press Association

OBITUARIES

ARTHUR WAYNE PETERSON

Arthur Wayne Peterson, 86, of Crosby, TX, climbed into the loving arms of the Lord on Thursday, Jan. 21, 2021 in Baytown, TX.



Wayne was born in April of 1934 to E. Harold Peterson and Esther Nelson Peterson. He was a 1952 graduate of Crosby High School, where he played as a star basketball player for the Crosby Buffalos. Wayne briefly attended Wharton College and transferred to Lee College where he again starred in basketball.

Wayne happily eloped to Waco with his sweet heart D'Alva on February 26, 1955, where they were married by the pastor of Seventh & James Baptist Church. Daughters Cynthia, Ellen, and Karen were born and life became a journey - full of love, wonder, and humor. Wayne worked for Anderson, Clayton in Houston. He later entered the reinsurance industry when he joined General Re in 1967 in Chicago and New York City, and later in 1974 he worked first for SCOR Re and then Texas Inter-ocean in Dallas. He later headed a reinsurance brokerage firm that brought him back to Houston.

Wayne loved spending time with his family and

grandkids. Known as "Granddad," the great-granddads would rush to him with big smiles and hugs. Watching them swim and roughhouse brought joy to his heart. Wayne spent hours studying the Bible and fellowshiping with the Lord. He served as a deacon and shared Jesus' love with many people. His appreciation of music was obvious in his life. While living in Illinois, Wayne led the choir and music at Wooddale First Baptist Church. He also directed the choir and played the organ at Westchester Baptist Church, in Hartsdale, New York. Growing vegetables and herbs and sharing his culinary skills with family and friends was a favorite pastime. He also enjoyed watching his beloved Baylor Bear sports, especially in football and basketball, and in his early years, the Houston Oilers and the

Colt-45s/Astros.

Wayne was preceded in death by his parents and sister, Barbara Ann Copes. He is survived by his wife of almost 66 years, D'Alva Rae Hopper Peterson; daughters, Cynthia Peterson of Plainview, TX; Ellen Beck and husband Alan of Crosby, TX, and Karen Nott of Santa Fe, NM.; grandchildren, Erin McMinn and husband Curtis of Humble, TX, Philip Beck and wife Danielle of Kaysville, UT, and David Beck of Crosby; great-grandchildren, Kinley McMinn, Axton McMinn, Laikyn McMinn, Dalton Carter, RiLynn Beck, and Emma Beck; brother-in-law and sister-in-law Bill and Shirley Hopper of Tyler, TX, and sister-in-law and brother-in-law Linda and E.J. "Punchy" Riley of Leakey, TX; and several nieces and nephews, other relatives, and friends.

A Celebration of Wayne's life will be held at 11 a.m. Saturday, March 27 at First Baptist Church of Crosby, 615 Runneburg Rd., Crosby, Texas.

In lieu of flowers, memorial gifts may be made to Gideon's International, www.gideons.org or the American Heart Association, www2.heart.org.

MAURICE ROBBINS



Maurice Robbins, 86, of Highlands, Texas, slipped away into Jesus's loving arms with his family by his side on Sunday, March 14, 2021. He was born on May 8, 1934, in Elkhart, Texas, to the late Admiral Dewey Robbins and Gladys Franks Robbins. On June 29, 1959, Maurice married the love of his life Jennie Vidano, where they spent the next 44 years together. Maurice was a faithful member of 1st Baptist Church of Highlands.

Maurice was a person who pursued many interests, some of which included his love for fishing, hunting, doing wood working and volunteering. He was a very good carpenter, who could build most anything. If one were asked, they would say that Maurice was a soft spoken gentle giant. He was a selfless man who was willing volunteer to help anyone in need. Maurice found joy in serving his Lord and taking care of the church grounds. He was a hard-working man who instilled that value in his family.

Maurice served our country from 1955-1959, on the USS Coolbaugh where he learned to become an electrician.

Maurice only had a 7th grade education, but worked hard as an electrician at Warren Petroleum as a contractor making \$1.07 an hour. When he became an employee for Warren he made \$.99 an hour. Maurice worked hard and moved up the ladder where he became Plant Manager of Warren Petroleum, where he remained from 1955 until 1984. He left Warren and went to work at Chevron Pipeline from 1984 through 1986, where he was the Superintendent of the Pipeline from Mont Belvieu all the way to Beaumont. He retired in 1986 from Chevron then worked for Oilfield Fabricating and Machinery for several years selling valves.

When his grandson Ryan was a 9th grader in high school, he had to write a paper about who he wanted to be on a stranded island with him. Ryan wrote that he wanted his Papa because there was nothing that his Papa could not do and

that they would survive.

Maurice volunteered at the Highlands Volunteer Fire Department from 1960 until 1980. He was Fireman of the year in 1969. He also was on the Pumper Team where he pulled the water hose.

Maurice was a member of the Highlands Masonic Lodge and Baytown Shrine Club. He along with his sidekick Archie Bickley sold between 200-300 bricks each year to support the Lodge's charities.

In 2003, Maurice and Jennie were awarded the community builders award for the community involvement in Highlands for many years. In February of 2012, he received the Golden Trough Award for his community involvement and friendship to the people of Highlands. Maurice was a member of the Highlands Water Board from December 1981- May 2012 where he served as President of the Water Board for many years. In 2011, he was nominated as an Unsung Hero by The Baytown Sun.

Maurice coached baseball at Highlands Little League for many years and he helped put up the 1st set of lights up at the park in the late 1960's early 1970's.

Maurice was a loving father, grandfather, cousin, uncle and friend to many who knew him. He was preceded in death by his parents, his wife Eugenia Vidano Robbins, his son Kenneth Maurice Robbins, his grandson Ryan David Dunlop, his siblings Loretta Hanks, James, Charles, Don, and Billy Robbins, his special friend Vincent Hooper. He leaves behind to cherish his loving memory his beloved daughter Kathryn Dunlop of Highlands, Texas; his grandson Zachary Kenneth Dunlop of Highlands, Texas; his

special granddaughter Rachel Dunlop Falconi and husband Nino of Mont Belvieu, Texas; his special grandchildren Jake Brewer and Amy Brewer Ringler; his cousin Orleans Brown of Palestine, Texas; his brother in law Fred McDonald of Panama City, Florida; his sister in law Jessica Robbins of Channelview, Texas; his 14 nieces, nephews and a host of other loving relatives and friends.

Honoring the family by serving as pallbearers will be Mark Clamon, Stan Cargill, Larry Pittman, Kent Erwin, Brent Perry, and Scott Newport. Honorary Pallbearers will be Vann Hooper, Raymond Balcerowicz, Damien Nichols and Shawn Robbins.

"A special thank you to my cousin, Donna Robbins for helping take care of my dad for the past few years allowing me to do various activities and giving me a much needed break. When you go out in the world today please do a kind deed for someone and try to make a difference in a person's life. Dad loved helping people..." Kathryn

In lieu of flowers, please donate to 1st Baptist Highlands Church to the food pantry, Backpack Buddies or the Youth Ministry for children to attend summer camp. 1st Baptist Church, 210 N. Magnolia St, Highlands, Texas 77562.

Friends are invited to visit with the family on Thursday, March 25, 2021, from 5 pm until 8 pm, in the chapel of Sterling-White Funeral Home, 11011 Crosby Lynchburg Rd, Highlands, Texas, 77562. A funeral service for Mr. Robbins will be held on Friday, March 26, 2021, beginning at 10 am with Pastor Tim Edwards officiating at 1st Baptist Church, 210 N. Magnolia St, Highlands, Texas 77562, with a graveside service in Earthman Memory Gardens Cemetery, 8624 Garth Rd, Baytown, TX 77521.

STERLING ~ WHITE
FUNERAL HOME & CEMETERY

281-426-3555

11011 Crosby-Lynchburg Rd.
Highlands, TX 77562

Chamber enjoys mudbugs, promotes local businesses



March 18, Dan Meaux and daughter entertain Chamber members like banker Jamie Lee at the Crawfish Shack, serving the most delicious crawfish etouffe and some sausage gumbo. Business were invited to host tables to display their products and services, later they were given a chance to make a presentation of their business outreaching to the Crosby and Huffman area. The Chamber and Crawfish Shack are getting ready for April 15 when the Annual Tees-N-Tails Golf Tournament is to be at Stonebridge in Newport, promising games, raffles, auctions and of course the tails aspect crawfish and shrimp prepared by the most expert Mr. Meaux.

Turkey Shoot,

CONTINUED FROM PAGE 1

at \$1 per shoot. A winner is to be declared at every shooting.

The Legion just concluded a Lone-Star Legacy Run, a motorcycle ride around the State of Texas Raising Funds for the American Le-

gion Legacy Scholarship Fund for children of military personnel killed on active duty since 9/11/2001. Beginning in 2017, the American Legion expanded awardee to include children of VA-rated, post-9/11/01 veterans

with combined disabilities rating of 50% or higher.

Each Friday night from 5p.m. until 8p.m. is Friday Night Dinner Fundraiser offering meals for online orders, phone orders and walk-ins.

<h3>Church Page Sponsors</h3>	
<p>WESTON COTTEN, ATTORNEY HIGHLANDS 281-421-4050 1500 E. Wallisville Rd. <small>NOT CERTIFIED BY THE TEXAS BOARD OF LEGAL SPECIALIZATION</small></p>	<p>STERLING ~ WHITE FUNERAL HOME & CEMETERY 11011 Crosby-Lynchburg Rd. Highlands, TX 77562 (281) 426-3555 www.sterlingwhite.com <i>"A Tradition of Excellence Since 1824"</i></p>
<p>Siding & Roof Repairs Mobile Home Skirting Call Mr. Roofer 281-452-0000</p>	<p>Call 713-266-3444 to join to join sponsorship of this page. Thank you.</p>



Grand opening sale!

All headstones 20% off. Laser etched stones as low as \$2,395 (original \$2,995).

Single upright headstones starting at \$1,585

Companion upright headstones starting at \$2,885




S.E. Texas Headstones
10920 Crosby Lynchburg Rd.
Crosby, TX, 77532

281-528-4950



AN EMERGENCY IS ALWAYS AN EMERGENCY — WE CAN SEE YOU SAFELY

At **Houston Methodist Baytown Hospital**, we continue to expand our services to meet the needs of our growing community. Our state-of-the-art emergency department provides the full spectrum of emergency care 24/7/365 to all patients. We offer:

- Board-certified emergency doctors and nurses
- On-site laboratory
- Treatment for patients of all ages — children and adults
- Full-service X-ray, CT and ultrasound
- Follow-up appointments with Houston Methodist specialists scheduled before you leave
- More than 40 private treatment rooms
- Easy access and free parking

And, with enhanced safety measures in place, you can rest assured your safety is our priority.



**Houston Methodist Baytown Hospital
Emergency Department**
4401 Garth Rd.
Baytown, TX 77521

**TAKE A
VIRTUAL TOUR**



SCAN ME

Need emergency care?
Visit houstonmethodist.org/locations/baytown/emergency-department and let us know you're on your way or call **832.556.6911**.

HOUSTON
Methodist[®]
BAYTOWN HOSPITAL



CLASSIFIED ADS

Call 713-266-3444
Your AD will reach up to 50,000 readers in our FIVE newspapers, with a combined circulation of 25,000 copies. Get ACTION on your AD. Rates start at only \$16 for 20 words. A bargain!

A/C & APPLIANCE REPAIR
All Major Brands. In-Home Service, 20 yrs. experience. Reparo electrodomesticos, todo tipo de modelos. Call Mario, 713-291-8286.

SERVICES
J.D. FENCE
We install & repair fences. All types of chain link, wood ornamental and iron. Free estimate. Small jobs welcome. Call Jose 281-221-0637.

SERVICES
PRINTING & MAILING
Full Service Marketing Services. 713-977-2555
PARTS SERVICES
R.F. Hull Water Well - Pump Service. 281-442-5630.

GARAGE SALE
HUGE RUMMAGE SALE
at Crosby United Methodist Church! Sponsored by the Searchers. From 8am to 3pm March 19 & 20 (masks required). 1334 Runneburg Rd - Lots of Everything!

LEGAL NOTICE
LEGAL NOTICE
LEGAL NOTICE
LEGAL NOTICE
LEGAL NOTICE

LEGAL NOTICES APPEAR IN THE HIGHLANDS STAR CROSBY COURIER, AND THE NORTH CHANNEL STAR.

CALL
713-266-3444

Proposals for RFP-MA 21-002 Fundraising Items will be received by the Galena Park Independent School District until Thursday, April 8, 2021 at 10:00 AM CST. At that time proposals will be opened at the GPISD Administration Building, 14705 Woodforest Blvd., Houston, TX 77015. Proposals will be opened publicly and read aloud.

Additional information may be obtained by contacting the Purchasing Dept. at purchasing@galenaparkisd.com or on our website: galenaparkisd.com/Page/1155

Galena Park ISD reserves the right to reject any or all proposals.

www.starcouriernews.com
www.northchannelstar.com

HELP WANTED **HELP WANTED** **HELP WANTED** **HELP WANTED**

"Central Boat Rentals has current openings for Masters of Towing, Pilots and tankermen for our fleet of 2000 hp push boats and our 900 to 1200 hp tugs and our 2400hp offshore tugs. CBR offers competitive salaries and a good benefits package to include health, life, dental, and disability insurance and a matching 401K. To apply, go to www.centralboat.com/careers or email Luke@centralboat.com or call 985-498-0493"

A Smarter Way to Power Your Home.

GENERAC PWRCELL
SOLAR + BATTERY STORAGE SYSTEM

Power your home, save money and be prepared for utility power outages with the PWRcell, a solar + battery storage system.

REQUEST A FREE QUOTE!

ACT NOW TO RECEIVE A \$300 SPECIAL OFFER!*
(877) 671-1823

\$0 DOWN FINANCING OPTIONS!***

*Offer value when purchased at retail.
**Financing available through authorized Generac partners.
Solar panels sold separately.

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE
It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go virtually anywhere — even on most airlines.

Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!

inogen

Call Inogen Today To Request Your FREE Info Kit

1-855-333-1888

© 2020 Inogen, Inc. All rights reserved. MKT-P0108

Tisdale Services
281-662-8170

New Construction
Rot Repairs
Siding
Decks

Demolition
Land Clearing
Dirt Work
Tree Trimming
Tree Removal

Mobile Welding
Fabricating

tisdalervices@gmail.com

BASS MECHANICAL
A/C and Plumbing Service
Ron Bass Master Plumber
Phone # 713-647-2291
Family Owned Business
with Family Prices

TACL BO12735C RPM 41930

Keep Houston COVID Safe



SHOP LOCALLY -- Save Time & Money **Business Directory** **SHOP LOCALLY -- Save Time & Money**

HENDERSON GARAGE DOORS

281-428-1187
1-800-345-8471
Sales & Repair Service
Baytown, Texas
John Henderson
628 Cedar Bayou Rd.

CENTRAL AUTO INSPECTIONS
FULL SERVICE VEHICLE INSPECTIONS
713-702-3200
JOHNNY GAERKE OWNER/INSPECTOR 911 S. MAIN HIGHLANDS TX, 77562

Graphics Unlimited, Inc.
CORPORATE GRAPHICS AT ITS BEST
Signs & Banners
281-462-1200
www.graphicsunlimitedinc.net
213 Kernohan • Crosby, TX 77532

HILL MATERIALS
119 Listi Ln, Highlands
hillmaterials.com
WE DELIVER TO YOU
(281) 843-5000
residential • commercial • industrial

MR. ROOFER
Siding & Contracting LLC
281-452-0000
CERTIFIED CONTRACTOR
New Roofs • Repairs • Painting • Hardi Plank Siding • Mobile Home Skirting
P.O. Box 914, Channelview, TX 77530
Mroofer@mail.com
= Major credit cards accepted =

REYNALDO REMODELING
25 Yrs. Of Experience
Tel: 832-767-7701
Fax: 832-376-4520
FREE ESTIMATES REYNALDOREMODELING@YAHOO.COM

Glorious Designs Unlimited
Custom Design & Beaded Jewelry Repair
Yolanda Peters
Owner & Designer
gdup351@yahoo.com
Designed With You In Mind
Exodus 31:1-6 Jesus Is Lord
713-261-9457

To advertise in the Business Directory, please call 713-266-3444 for details

Barbers Hill Dayton Press

Serving Mont Belvieu, Dayton, Baytown and surrounding communities since 1995

VOL. 26, NO. 12- 50¢

© Copyright 2021

THURSDAY, MARCH 25, 2021

MONT BELVIEU, TEXAS 77580

ON THE HILL

West Chambers Chamber News

Eagle Open Golf Tournament

Date: April 16, 2021
Time: 8:30 AM - 4:00 PM CDT

Event Description: Our Annual Eagle Open Golf Tournament will be held on Friday, April 16, 2021! Stick around for a Crawfish Boil provided by the City of Mont Belvieu.

Event Sponsors:
Bruce Temporary Services
City of Mont Belvieu
Lone Star NGL Mont Belvieu L.P.
ExxonMobil Mont Belvieu Plastics Plant
Gallant Builders
Targa Resources
Community Toyota,
Community Honda,
Community Kia
LANXESS Corporation
Enterprise Products Operating LLC
Purcell Construction, Inc.
Barbers Hill Bank

Location: Eagle Pointe Golf Club
Mont Belvieu, TX
Date/Time Information: Friday, April 16, 2021
8:30AM - Registration & Breakfast
10:30AM - Shotgun Start
Contact Information: Ashley Wells
Please contact the Chamber office, 281-576-5440 or Ashley@thewccc.com for your reservation.

Chambers County Vaccine Pre-registration

Call (409) 267-2460
Online portal and phones lines open at 1:00 p.m. and appointments are filled by 2:00 p.m.

Chambers County Youth Rodeo

Save the date for the 2021 Chambers County Youth Livestock Show and Ranch Rodeo:
• Chambers County Ranch Rodeo - Friday April 16 through Sunday April 18, 2021
• Chambers County Horse Show - Saturday, April 24, 2021
• Chambers County Youth Livestock Show - Wednesday, April 28 through Saturday, May 1, 2021

MONT BELVIEU Lineman dies when bucket separates

MONT BELVIEU – One lineman was killed, and another critically injured last Sunday when their bucket separated from their crane, while working 106 feet in the air on a high-voltage electric transmission line.

According to Chambers County Sheriff Brian Hawthorne, the accident happened early Sunday morning, around 12:30 a.m. just

outside the city limits of Mont Belvieu, near FM1942 and Hatcher-ville Road.

Early investigation indicated that the two linemen were working on a high voltage transmission line about 106 feet off the ground in a metal basket attached to a crane. During the work, the basket became unstable, separated from the crane and fell to the ground. The

two workmen also fell at the same time.

Mont Belvieu police, firefighters and EMS responded to the scene of the accident. However, Justice of the Peace Blake Sylvia pronounced one worker dead and the other one was taken to Memorial Hermann Hospital in Houston in critical condition.

(Photo courtesy Chambers Co. S.O.)



History of the Chambers County Libraries

By Valerie Jensen, MLIS
County Librarian
Chambers County Library System

The Chambers County Library System was founded in 1951. Prior to that, several people in the community saw a need for a public library and through perseverance and local support, it all began in the Thomas Jefferson Chambers house with Ruby E. Jordan as the first librarian. One of those people who pushed for a library was Mrs. Effie Caffall Ogden. Her quest began in 1932 when she stood before Commissioners' Court multiple times proposing that a library be established. For over 20 years she represented citizens and groups in the community who also saw the need. Her leadership was the foundation on which the library system stands today.

Through local history research, Cindy Alegria,



Pictured with the portrait of Ms. Effie Ogden is Louis G. Ogden, II and County Librarian Valerie Jensen. Her picture graces the entry at the Chambers County Library in Anahuac.

Branch Librarian at the Juanita Hargraves Memorial Branch connected with the Ogden family from Winnie, Texas. Louis G.

Ogden, II the grandson of Mrs. Effie Ogden spoke to Cindy about his grandmother and her quest to establish the need for a li-

brary in Chambers County. Mr. Ogden had pictures and letters telling a story that proved his grandmother was a determined

woman, and worthy of the title, the Mother of the Chambers County Library System. Her persistence is the reason the library is what it is today. With continued support from the community, local government, and staff, the library continues to thrive today as a sense of place in the community.

At the dedication of the new library building in 1957, Mrs. Ogden was honored and given special tribute by then Governor Price Daniels. Seven year old Louis G. Ogden, II, represented the Ogden family, sitting on the speaker's rostrum, alongside Gov. Daniels and several county officials.

Pictured with the portrait of Ms. Effie Ogden is Louis G. Ogden, II and County Librarian Valerie Jensen. Her picture graces the entry at the Chambers County Library in Anahuac.

When to See an Orthopedic Specialist

BAYTOWN — (March 5, 2021) — Injuries are bound to happen whether it's from competing in sports, exercising, moving furniture or simply stepping down from a curb.

After suffering an injury, you may wonder what to do next. Should you just walk it off, hope to get an appointment with a doctor the next day, go to an urgent care clinic the same day or head to the ER immediately? Every year, millions of people, who end up in the emergency room or doctor's office with orthopedic injuries, have the same debate.

"Frequently following an injury, many people aren't sure where to turn for medical treatment or if medical care is even necessary," said Dr. Mark Franklin, orthopedic surgeon at Houston Methodist Orthopedics & Sports Medicine at Baytown.

Deciding what to do after an injury can be stressful. You may feel compelled to push through the pain, but continuing to move the injured area could lead to further damage and a longer recovery time.

"Pushing your body be-

yond its limits may result in injury and could be an indication that you are in need of more rest," Franklin said.

Following an injury, Franklin advises:

- Resting the injured area to avoid further injury.
- Applying ice or compression to reduce swelling.
- Elevating the injured area.
- Protecting your injury by wearing a cast or brace, or using crutches, if needed.

How Serious Is It?
How do you know if you have a minor injury that will heal on its own, or if you need further treatment from a doctor? Minor injuries can often be treated at home, but there are times when you should see a doctor to ensure proper healing.

Your ability to bear weight on the joint is key. "Seek an evaluation and possibly X-rays at our injury clinic or a physician's office for a knee or ankle injury that impairs your mobility," Franklin said. "Use crutches and see your doctor immediately for in-



DR. MARK FRANKLIN

juries in which you can't bear weight."

Any injury that triggers swelling in the ankle or knee should also be evaluated. The majority of these injuries don't need to be evaluated in the hospital but should be checked soon in a doctor's office.

Warning signs that you should seek medical help right away for more serious injuries include the following:

- Any deformity of the limb
- Inability to bear weight
- Persistent joint pain
- Significant swelling with inability to move fingers or toes

- Swelling of a joint that comes on rapidly
- Weakness when moving a limb or muscle

"I recommend scheduling an appointment with an orthopedic specialist or sports medicine doctor if you have any concerns," Franklin said.

Some injuries take longer to heal compared to others, and this may depend on the location and severity of the injury, your age, overall health and other factors. In addition to home treatment with R.I.C.E. (rest, ice, compression, elevation), a doctor may recommend anti-inflammatory medication, cortisone injections or surgery to repair torn muscles or ligaments. For injuries that don't heal quickly on their own, physical therapy can be a key part of the recovery process.

The next time an injury slows you down, come in for quick and convenient same-day care at the Houston Methodist Orthopedic Injury Clinic for a variety of conditions, including fractures and broken bones, injured tendons, minor dislocations, painful or swollen joints, sports

injuries, sprains and strains and torn ligaments.

Houston Methodist Baytown Hospital is taking every necessary precaution during the coronavirus pandemic to keep you and our staff members safe, including, screening all patients, ensuring only those without COVID-19 symptoms are seen in the office; wearing masks and personal protective equipment (PPE) while providing patient care; reorganizing waiting rooms and check-in lines to ensure social distancing, and implementing additional sanitation processes to disinfect all equipment and surfaces.

Franklin and the specialists at Houston Methodist Orthopedics & Sports Medicine at Baytown provide comprehensive care for the full range of orthopedic conditions, including joint replacement, rotator cuff injuries, arthritis, carpal tunnel syndrome, and ligament tears. Call 281-247-7400 to schedule a same-day appointment for evaluation and treatment of your injury. Visit houstonmethodist.org/baytown for more information.